

Autumn/Winter 2023/2024:

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

WEEK 1



MATN FVFNT









Pudding

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta **Twirlers**

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Sweetcorn

Toffee Sponge and Custard

TUESDAY

Mild Chicken Curry with Whole Grain Rice

Cheesy Broccoli

Pasta Bake

Green Beans

Broccoli

WEDNESDAY

Sausages with

Mashed Potatoes

and Gravy

Homemade Cheese

and Leek Sausages

with Mashed

Potatoes and Gravy

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Jelly & Fruit Slices

Orange Cookie

Tropical Pineapple Crumble and Custard

THURSDAY

BBO Drizzle Pizza

with Baked Potato

Wedges

Tarka Dhal Curry

(Veggie Lentil Curry)

with Whole Grain

Rice

Peas

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips

> Pizza Margherita with Chips

Baked Beans



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

WEEK 2 MF N



MATN FVFNT

Vegetarian Dish

All Day Veggie

MONDAY

All Day Breakfast

Brunch

Sausage, Egg, Hash

Brown and Beans

Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

Baked Beans

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

WEDNESDAY

Minced Beef and

Onion Pie with Mash

Mexican Bean Wrap with Whole Grain Rice

THURSDAY

Chicken

Chow Mein

(Noodles)

Cheesy Sweetcorn Pizza with Chips

FRIDAY

Golden Fish

Fingers

with Chips



Vegetables and Salads

Sweetcorn

Carrots

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

Green Beans

Baked Beans



PASTA TWIRLER **Topped Pasta**



Filled Jacket



Pudding

Banana Sponge Cake and Custard Apple Crumble and Custard

Jammy Crumble Bars

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02

LUNCH WEEK 3 MFNU



MATN FVFNT

Vegetarian Dish

RAINBOW ALLEY **Vegetables and Salads**

Topped Pasta

Filled Jacket

DESSERT TROLLEY **Pudding**

Watermelon Wedge

MONDAY

Hot Dog

with Baked Potato

Wedges

Vegetarian

Shepherd's Pie

Green Beans

TUESDAY

Veggie Supreme Pizza with Baked Potato Wedges

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

Carrots

THURSDAY

Chicken Curry With Rice

BBQ Drizzle Pizza with Baked **Potato Wedges**

Peas

Baked Beans

FRIDAY

Golden Fish

Fingers

with Chips

Golden Vegetable

Fingers

with Chips

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day